



Hi-Flyer

Atlanta Decatur Oxford District

North Georgia Conference United Methodist Women

Message from our President



Ladies, as we approach the Lenten season, we, again, are talking about prayer and how we can increase our praying power. Originally Lent was the time when converts to Christianity were instructed in the faith. This instruction prepared them for baptism. For us, this most significant six weeks in the life of the Christian Church is declared as a time of fasting, preparation, and penance. Prayer is at the core of these three acts of submission. We thank God for giving us the opportunity to focus our attention on Jesus' teaching and to add something extra to enrich our spiritual lives throughout the season of Lent.

During this Lenten season, as we pray, we can be inspired by A.C.T.S., an acronym for the Acts of the Apostles. Each letter represents a different aspect of prayer:

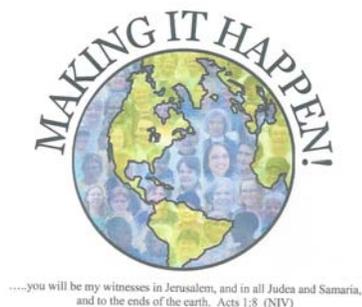
- A = Adoration (or worshipping God)
- C = Confession of sins to God
- T = Thanksgiving
- S = Supplication, asking for things in prayer

Throughout this season, and always, focus your prayers on God. Think about to whom you are praying and try to lose yourself in prayer. In studying the Book of Hebrews, we are advised, in chapter 4:14-16, "Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are - yet was without sin. Let us then approach the throne of grace with confidence so that we may receive mercy and find grace to help us in our time of need."

As we focus our attention more on prayer and less on ourselves, we are able to communicate with God and to find His will for our lives. Let our prayers not end with Lent, but let us pray with confidence and rejoice in Easter, which is the celebration of the resurrection of a living Jesus.

I would like to close with this short (Sixteen-century Sarum Primer) prayer:
 God be in my head and in my understanding.
 God be in my eyes and in my looking.
 God be in my mouth and in my speaking.
 God be in my heart and in my thinking.
 God be in my end and at my departing. Amen

Juanita Mullins
 ADOX District President



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Coming Events in 2014

- March 8 NGC UMW Fun, Faith, Everyone, Wesley Chapel UMC,
- March 16 ADOX UMW District Day Apart, Cedar Grove UMC
- April 12 ADOX UMW Executive Board, Glen Haven UMC
- Apr 25-27 UMW Assembly, Louisville, Kentucky
- June 11 NGC UMW Annual Conference Breakfast, Athens Classic Ctr
- July 17-19 NGC UMW Mission "u", Athens First UMC
- August 16 ADOX UMW Executive Board, Allen Memorial UMC

News from the Atlanta-Decatur-Oxford District

Program Resources Report

Submitted by Lesma Gunn, Program Resources Coordinator

Hello Everyone,

I am Lesma Gunn, the new Program Resource person. Please let me know by e-mail (lezmagee@gmail.com) if you need any books. I do have in my possession Program Books and books from last year which are on sale. Please look for items whenever you are at one of our meetings. I will try to have them as close as possible so that you do not miss the opportunity to buy something.

God's grace be with you,
Lesma



Social Action Report

Submitted by Iris Green, Social Action Coordinator

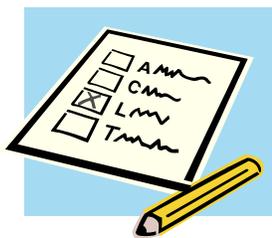


Social Action Coordinators are in an active role. They make their units aware of different events taking place, and new information being received through email and on the internet. They choose issues to work on, and they find creative ways to pass on knowledge in order to educate their units on these issues. They stand strong in their actions.

ADOX District will continue to focus on human trafficking. Another issue we would like to call attention to in 2014 is domestic violence. Domestic abuse often escalates from threats and verbal abuse to violence. These two issues greatly affect the lives of women and children in our county, community, and world wide. At times these issues seem to intertwine with each other. Education is one of the ways of working to eradicate these from society.

Thanks for all the work you are doing. Let's continue seeking ways to enrich the lives of women and children. Please check: domesticviolence@unitedmethodistwomen.org
www.ndvh.org (National Domestic Violence Hotline)
www.faithtrustinstitute.org

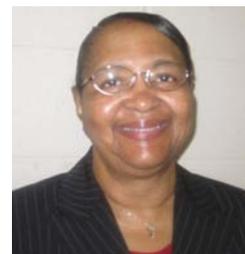
Nominations Committee Needs Your Help



Many new officers
will be needed in
2015

Nominations Committee Members:

Ann Russell, Chair
Emily Grossman
Martha Marks
Sandy Stewart-Kruger
Truette Thedford
Valerie Willis
Shan Yohan



Ann Russell, Chair
jaspersr@bellsouth.net

Please send the names of possible candidates to
any member of the Nominating Committee

ADOX UMW on the web has been updated. Check it out at

<http://www.ngumc.org/adoxunitedmethodistwomen>

Vice President's Report

Submitted by Alma Garrette, Vice President

Ladies, this year we are **"Making It Happen."** It all started with our President's Breakfast held on February 8th at Mountain Park UMC. It was there that the United Methodist Women of Mountain Park provided us with a wonderful breakfast, warm hospitality and pleasant surroundings. Sue Raymond, our Conference President, gave us an overview of Conference UMW activities. Thank you to Dorothy Gray, Linda Flannigan, Cassie Rugger, Iris Green and Judah Hardeman for giving us an insight into where our mission money goes.



Continuing with this year's theme our District Day Apart will be held on Sunday, March 16th at 3:00p.m., Cedar Grove UMC, 3430 Bouldercrest Road, Conley, GA. Our guest speaker will be Pat Day, ADOX Director of Lay Servant Ministry. Her message will focus on prayer. Juanita Mullins will explain the mission project for Annual Conference. Please plan on attending this event and invite other United Methodist Women from your unit to join you.

Let's not forget the United Methodist Women Assembly 2014, April 25-27 in Louisville, Kentucky. Come one. Come all, Atlanta Decatur Oxford United Methodist Women. Let's outdo ourselves in attendance.

District Day Apart

Sunday, March 16th, at 3:00 p.m.

Guest Speaker: Pat Day

ADOX Director of Lay Servant Ministry

Cedar Grove UMC,

3430 Bouldercrest Road, Conley, GA

From I-285, take Exit 51 heading south on Bouldercrest for 1.9 miles
Church will be on the left just after intersection with Cedar Grove Road

Spring Hill UMW Activities

Submitted by Addie Jo White, Spring Hill UMW President



The Spring Hill United Methodist Women ended the year by making donations to the Newton County Homeless Shelter, the Traveling Angels, a Senior Organization, and two families in the community.

The women also enjoyed a luncheon down at the Blue Willow Inn.

Stone Mountain First UMW ANGEL TREE PROJECT

Submitted by Janet Hagan for Stone Mountain First UMW



This is the 7th year that Stone Mountain First UMW has headed up the Angel Tree Project for Branan Towers residents. Branan Towers is a community that serves persons 62 and older with low and moderate incomes. It is a part of the Wesley Woods Retirement Community.

The project begins in June with cutting out angels from last year's Christmas cards. In November, we receive a list of the residents with their apartment numbers. From this list, we create a computer verification report by resident and floor, and labels are produced. This year, 178 angels were then placed on our tree. The church community supported this project by selecting 143 angels, and our UMW unit took care of the remaining 35 angels. Over the next few weeks as the gifts were brought to us, they were checked in, secured for transport, and sorted and grouped by floor.



On December 21st, volunteers loaded the gifts into their vehicles and delivered them to Branan Towers. We were met by several excited and appreciative residents who helped with the unloading. The gifts were given to the residents at their Christmas Party on December 24th.



Bowen United Methodist Church Women's Day Activities

Submitted by Doris Bolden, Bowen UMW President

"Women of Bowen: Seeking a Deeper Relationship with God" is this year's theme for Women's Day at Bowen United Methodist Church. On Saturday morning, March 15th, at 10:00, Dr. Marva Harden will speak at Bowen's Women's Day Brunch, and Reverend Joyce Banks-Gross will speak on Sunday, March 16th, at the 11 o'clock worship service.



UMW Roma of Europe Study at Decatur First UMC

Suzy Jennings, Decatur First UMW President

The Reverend Eric Powell, pastor of Wesley Chapel UMC in Covington, will lead four one-hour sessions on the *Roma of Europe*, the 2014 UMW geographic mission study, at Decatur First United Methodist Church. These sessions will be held at the DFUMC UMW meetings on March 11, April 8, May 13 and August 12 at 11 a.m. in the Church Fellowship Hall. All are welcome to attend. For more information, contact Sandy Stewart Kruger at sskruger@bellsouth.net or Marie Nitschke at marienitschke@comcast.net.



Cedar Grove UMW Activities

Submitted by Valerie Willis, Cedar Grove UMW President

The ladies of the Esther Dorcas UMW at Cedar Grove UMC are eagerly anticipating being the host for the ADOX District Day Apart on Sunday, March 16th at 3:00PM. Our hope is that all of the churches in our district will have at least one person present. I am sure our District Leaders have planned a wonderful service for us.

In April, on Saturday the 26th, from 9:00AM to 3:30PM, we will be having our Annual Spring Yard Sale and Fish Fry. The vendor spaces are only \$20. Please join us for some terrific bargains, delicious fish, delightful desserts, fellowship and fun. Proceeds from this event go to support our UMW global ministries



Zoar UMW Making It Happen

Submitted by Rhonda Jameson for Zoar UMW

The UMW ladies of Zoar UMC in Snellville are off to a great start in our commitment to MAKE IT HAPPEN in 2014! In February alone the UMW participated in at least 4 mission events to benefit people in our community and around the world. The Zoar UMW continues to support SaltLight Center with meals each month. SaltLight is a night shelter meeting the immediate needs of homeless women and children from the Gwinnett area with a hot meal and a safe and warm place to sleep. Zoar has helped support SaltLight with meals for over two years.

On Feb 15th the Zoar UMW participated in an 'Adopt a Senior Valentine's Party' sponsored by Neighbor Love at the Sceptor Health & Rehab Center in Snellville. During the Valentine's party, besides the decorations and refreshments, each senior citizen in residence at the home was presented with a colorful gift bag of useful health items (lotion, shaving cream, fruit etc). Everyone had a great time.



On Feb 26, the UMW ladies provided dinner for the Zoar Kids Zone and then met to assemble over 300 Health Kits that will be donated to UMCOR! What a blessing to see everyone come together on the project by volunteering their own personal resources and drafting friends and co-workers into helping donate the materials needed to MAKE IT HAPPEN. UMCOR will use the Health Kits to benefit disaster victims as needed in the coming months.

Yes, there's a lot going on at Zoar UMW. In March we're really looking forward to attending the Faith, Fun & Everyone event at Wesley Chapel. We will be putting what we learned into practice by hosting a Prayer Bead Making class on Saturday March 22nd. Then on March 30th the Zoar UMW will kick off our membership drive by hosting our Spring Soup, Salad & Desert Luncheon. This annual event serves as a mission fundraiser for Zoar UMW

2014 Presidents' Breakfast

Mountain Park United Methodist Women provided a delicious breakfast and a warm welcome to the ADOX UMW local unit presidents in February.



Eighty-seven women attended.



Cindy Rikard
Mt. Park UMW
President



Sue Raymond
NGC UMW
President



Lesma Gunn, (above right) the new Program Resources Coordinator, is pictured here with the former coordinator, Marie Davis,



Vice-President Alma Garrette and President Juanita Mullins



Jadah Hardemann
NGC UMW Task
Force on Youth
Member

North Georgia Conference UMW News

Annual Conference Mission Project

For Annual Conference this year, local units are being asked to SEND the following completed UMCOR kits:

- birthing kits
- layette kits
- school bags

The emphasis of Annual Conference is to be Children, Youth and Young Adults, so these kits will fit those needs. Each local unit should assemble kits and send them with their lay delegate. Please let Juanita know the number of kits that your unit will be sending.

Birthing Kit Materials

1 small bar of soap

1-2 oz. size;

Do not remove from original packaging;

Small bars such as those found in hotels are acceptable.

1 pair thin gloves

Surgical, latex, or thin rubber gloves are acceptable.

1 square yard of clear plastic sheeting

Must be 4 millimeters thick;

Plastic trash bags and shower curtains are not acceptable.

3 12-inch long pieces of cotton string

Must be clean;

Secure the pieces of string by bundling and tying them together;

No yarn please.

1 single-edge razor blade

Must be covered in paper or cardboard to keep it from causing injury;

Regular shaving razors are not acceptable.

2 receiving blankets

Sizes may range from 28" x 28" to 32" x 32";

No thermal or fleece blankets please.

1 plastic bag

One gallon-size sealable bag only.

Assembly Directions

Fold the plastic sheeting and blankets so they will fit easily into the plastic bag. Lay the loose items on top of the blankets and plastic sheeting. Slide all items into the plastic bag. Squeeze as much air out of the bag as possible and then seal it.

Layette Kit Materials

6 cloth diapers

Prefolded or plain diapers only
No disposable diapers

2 shirts

Undershirts or onsies

2 washcloths

Infant size only
No adult washcloths

2 gowns or sleepers

2 diaper pins

Must have protective plastic closures;
No regular safety pins.

1 sweater or jacket

Must open from the front;
May be hand knitted, crocheted, or sewn;
Hooded sweatshirts are acceptable.

2 receiving blankets

Sizes may range from 28" x 28" to 32" x 32";
No crib blankets please.

Assembly Directions

Lay one of the receiving blankets flat on a table. Set aside the diaper pins and place all remaining items on top of the blanket. Fold the blanket around the items and secure the bundle with the diaper pins.

School Kit Materials

1 pair blunt scissors

Rounded tip only;
No plastic scissors please.

3 pads of paper

Spiral- or top-bound pads;
150 sheets or less of loose-leaf paper can be substituted for 1 pad;
Combinations of spiral, top-bound, side-bound, or loose-leaf paper is acceptable.

1 hand-held pencil sharpener

Must be at least 1" long;
Remove from packaging.

1 30-centimeter ruler

Hard or flexible;
Cartoon characters are acceptable;
No advertisements please

6 unsharpened pencils

No advertisements, religious, patriotic, military, or camouflage symbols please;
Cartoon characters are acceptable

1 2-inch or larger-size eraser

No advertisements, religious, patriotic, military, or camouflage symbols please;
Cartoon characters are acceptable.

1 24-count box of crayons

Only 24-count boxes please.

1 14" x 16" cloth bag

Homemade or purchased bags are both acceptable;

Heavy-duty fabric only, such as denim, corduroy, drapery fabric, etc.;

No advertisements, religious, patriotic, military, or camouflage symbols please;

Closures are optional but must be buttons, snaps, or Velcro sewn in middle of opening.

Assembly Directions

Place all loose items on top of paper. Turn items sideways and slide into the cloth bag. Fold over the top of the bag so loose items don't fall out.

Important Notes for all kits

All items must be new.

Do not wash any of the items as they will then be considered used.

All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, **it is important that kits contain only the requested items**, nothing more.

Do not include any personal notes, money, or additional material in the kits. These things must be painstakingly removed and will delay the shipment.

United Methodist Women's 2014 FAITH, FUN & EVERYONE EVENT MAKE IT HAPPEN!

March 8th from 8:30am to 2:00pm

Hope you have registered for this event. Here's how to get there:

WESLEY CHAPEL UMC (McDonough)

397 Racetrack Road
McDonough, GA 30252

From I-75, take exit 216 heading toward McDonough. Drive 2.2 miles

Turn right on Racetrack Road. Drive .3 miles

Church will be on the left.

United Methodist Women General Conference News



Assembly 2014: Louisville

April 25 - 27

Assembly 2014 Workshops

You are in for an amazing array of exciting workshops at Assembly. They are designed to enable you grow personally, to act to strengthen United Methodist Women and to respond to critical concerns when you return home. They are about gaining skills and tools to Make it Happen! after Assembly. Assembly 2014 offers workshops in the categories of core workshops, general workshops and town hall meetings.

Note: There is no preregistration for workshops. All are offered on a first-come, first-served basis. Be sure to choose some backups just in case!

Core Workshops

Core workshops are skills training for leadership in the organization of United Methodist Women. Similar to those offered at Leadership Development Days, they are designed to train women from the local, district and conference level in effective leadership. These are generally two hours long and are offered two times. *We recommend that all Assembly participants choose at least one core workshop. Core workshops are indicated.*

General Workshops

General workshops offer education and skills building on a broad array of topics. They are 90 minutes long and are offered two times (unless otherwise noted). You will take away specific ideas on how to take action, from spiritual growth to organizational development to social action.

Town Hall Meetings

Town hall meetings are large-venue events with major national leaders and authors on critical organizational and social action themes. This includes one not-to-miss event from within United Methodist Women—a dialogue among young women and mentors on efforts to engage young women and let them lead. There will be three town hall meetings, all in Cascade Ballroom A. These are two hours long and take place only once, so do not miss them! *Town hall meetings are indicated.*

Core workshops, general workshops and town hall meetings are organized into five thematic areas related to United Methodist Women national priorities:

- Developing leaders.
- Growing spiritually.
- Personal wellness and self-care.
- Service and advocacy for justice.
- United Methodist Women organizing for growth.

**For more information about the workshops, go to:
<http://prod.umwomen.org:88/assembly/workshops>**