



Fall 2011

United Methodist Women  
FAITH · HOPE · LOVE IN ACTION

# Hi-Flyer

## Atlanta Decatur Oxford District

North Georgia Conference United Methodist Women

### Message from our President

Fall is the time of year when we prepare to bring our year to closure and summarize our accomplishments for our yearly celebration. Our goal was to be in contact with all local units and to **get our web site up and running** (see box below). I know some of us are not on the web yet. If not, please list a contact person for your church who can receive emails. I have had several churches this year who have added a second contact person, which is great. After all, this is volunteer work and the more hands we have doing the work, the more people we have involved.

I have enjoyed visiting the churches on the district this year and look forward to my visit with other churches. You can also invite a District Mission team member to come to your church to discuss their work area with your local unit. There are some great things happening around the district. Please share them with other units. We are open for suggestion. One of the churches I visited had taken their youth on a trip. They visited a college campus and then an amusement park. What a fun way to encourage your youth to become actively involved.

The Adults at our church helped sponsored a Bible Bowl for the youth. The children had 120 study questions from the New Testament. It was a learning experience as well as a challenge to the children to compete for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> place. They all received a monetary gift for participating.

Local units, remember to get those school bags ready for Annual Meeting at Dunwoody. The Spiritual Growth Retreat is coming up soon. We hope to have 150 people for the workshops. Work within your local unit to bring at least 3 people. Practice safety by traveling in numbers.

The District Annual Meeting is October 23. Bring your husband and children. Get someone to drive your church bus. Everybody counts. We do need to know in advance if you are bringing your children. We will have childcare and follow the safe

sanctuary policy. The key is to bring someone with you.

I have some great material to share with you for a youth study in your churches. It was the material we used in the youth mission study at Simpsonwood. I would love to come to do the youth study with your youth. Give me a call and we can discuss the details.

In His care, Juanita Mullins, President

### Check out the NEW ADOX UMW WEB PAGE

Go the North Georgia Conference website  
( <http://www.ngumc.org/> )  
Click on Districts => Atlanta Decatur Oxford => ADOX  
United Methodist Women

### Inside this issue:

Cooperative Mission	2
Education Event	
News from ADOX	2
UMW Officers	
North GA Conference	2
UMW News	
News from around the ADOX District	3
Can you help?	3
Fall Retreat Registration Form	4



### Coming Events in 2011

September 17	ADOX Fall Retreat	Glen Haven
October 1	N. Georgia Conference UMW Annual Meeting	Dunwoody First
October 23	ADOX Annual Meeting	Ousley
November 5	N. Georgia Conference Update & Training	Bethlehem (Athens)
November 19	ADOX Officer Training & Mini Mission Study	Decatur First
December 3	ADOX Executive Board	Henry M. White
June 1-2, 2012	SE Jurisdictional Quad. Meeting	Birmingham, Ala.

## Cooperative School of Christian Mission and Mission Education Event

The ADOX District was well represented at the Cooperative School of Christian Mission held at Simpsonwood at the end of July. The theme was "All Things Made New." The ADOX District had the second highest number of people in attendance with thirty-seven. Juanita Mullins, ADOX UMW President, has set our goal for next year at sixty. It is always good to have goals to work toward.

President Mullins attended the youth study and was very excited about the youth program. She was so pleased, in fact, that she plans to teach the youth study on our District this year because she wants our children to be well informed about the work we do as United Methodist Women.

For more information about all the mission studies go to <http://new.gbgm-umc.org/umw/learn/studies/>

### News from ADOX UMW Officers

**Cassie Ruger, Mission Coordinator for Education and Interpretation**, attended the Cooperative School of Christian Mission. She asked that we make plans to host one or more of the current studies so we will have a better understanding of our responsibility for caring for others and how we may empower women to understand, interpret and participate in the mission work of the church. Go to [http://ngumw.org/?page\\_id=197](http://ngumw.org/?page_id=197) for a list of persons who are willing to teach these mission studies.

**Janice Walker, Chair of the Nominations Committee**, needs your help to find individuals who would be good candidates to serve as Coordinators for Membership and for Social Action. Please send names to her or other members of Nominations Committee including Lois Barber, Rutheen Majette-Najad, Martha Marks, Ann Russell and Shan Yohan.

**Lillie Wallace, Reading Resource Secretary**, asked that we be prepared to purchase reading program books and mission study books at our fall retreat on September 17th. To put orders in early, call 404-288-7260 by September 3rd and leave a message.

**Truette Thedford, Historian**, is preparing packets for local UMW historians who attend the ADOX Officer training program on November 19th that will provide information about keeping records of our history through photographs, scrapbooks, journals and sound recordings. She wants us to remember that history is an important ministry, helping us to understand who we are, as we remember our past and determine our future.

**Alma Garrette, Vice President**, is excited about our District Fall Retreat that is to be held at Glen Haven UMC on Saturday, September 17th. The workshops are ones that have been brought back by popular demand: Coupon Savings, Spiritual Growth, Social Action, and Healthy Eating. The Healthy Eating Workshop facilitator is Mrs. Lynda Flowers from the University of Georgia Cooperative Extension Program. It is designed for those who are interested in eating healthy foods and saving money while doing it! You will learn how to prepare meals in minutes, how to make smart choices from every food group, how to read food labels and, best of all, you will participate in a delicious food demonstration. Alma also encourages all of us to invite more young people to our functions. Use the registration form on page 4 of this newsletter to register by September 9th.

**Mattie Strozier, Coordinator for Social Action**, will have lists of contacts for social action resources for all those who attend the social action workshop at the September 17th fall retreat. Be sure to register ahead of time (see page 4 of this newsletter) so she will have plenty of handouts for everyone. If you want to contact Mattie, you can reach her at [mattiestrozier@yahoo.com](mailto:mattiestrozier@yahoo.com).

The ADOX UMW Officers would like to thank **Allen Memorial UMC** for once again hosting our August Board meeting. We always look forward to enjoying their warm hospitality and a delicious breakfast.

### North Georgia Conference UMW News

The **North Georgia Conference Annual UMW Meeting** will be held at Dunwoody UMC on Saturday, October 1st. Registration will begin at 8:30. The business meeting will start at 9:30, followed by lunch at noon, and awards presentations starting at 12:30. North Georgia Conference Bishop Michael Watson will be the guest speaker. Cost for the meeting and luncheon is \$20. To attend the meeting only, the cost is \$10. Registration deadline is September 16th. A copy of the registration form was included in the spring issue of *The Reflector* and is also available online at

<http://ngumw.org/wp-content/uploads/2011/forms/1-11-15.pdf>

We have been asked to bring school kits and school bags to the North Georgia Conference UMW Annual Meeting on October 1st at Dunwoody First UMC. For detailed instructions about preparing these kits, go to <http://new.gbgm-umc.org/umcor/getconnected/supplies/>

## News from around the ADOX District

**Mountain Park UMW**, with the help of their congregation, delivered 134 book bags filled with school supplies to DFCS and the Lilburn Cooperative Ministries during the month of July. They have also prepared 30 school bags for UMCOR. On October 1, 2011, Mountain Park UMC will have its annual Fall Festival which includes an Antique Auto Show, BBQ, bake sale, crafters, and games for children. The UMW sponsors a Silent Auction Basket Booth during the Fall Festival which includes beautiful themed baskets. Their UMW will have a ZUMBA Event on October 22, 2011. The cost to attend the Zumba Event is \$15.00. The proceeds will be given to the Susan G. Komen Fund. Both of these events are open to the community, and all are welcomed to attend these upcoming events at MPUMC. If interested, please contact Jackie King at 770-972-3942.

The United Methodist Women of **East Lake UMC**, held a program to honor their congregation's oldest mothers on Mother's Day. Mothers honored were Mrs. Nora Holloway and Mrs. Ora Gaines. The honorees are members of the UMW and have been for many years. The entire program was designed to pay tribute to them AND to all mother's in the congregation. A special litany was shared as a part of the morning worship as well as a performance by the church's dance group. Rev. Jesse G. Gordon, East Lake's Pastor delivered the morning message. Mrs. Truette Thedford, UMW President at East Lake, presented expressions of love. Families of the honorees were invited. Refreshments were served outside and enjoyed by all in attendance. East Lake anticipates making this an annual event.

The women of **Kelly Chapel United Methodist Church** invited the men on "a journey to an Ultimate Wellness of God's temple." The event, providing relaxation and therapy for their mind, body and soul, was held on August 27th. The VIP treatment included a day of wellness luxury as well as a tasty lunch.

The Esther Dorcas Circle of **Cedar Grove UMC** has had a couple of joyous occasions recently that they would like to share with the District. This summer, their unit spearheaded a shoe drive, the "Soul" Project, to collect shoes of all sizes for children and adults. Over 300 pairs of shoes were collected! These shoes were sent to Haiti, one of UMW's mission study countries this year, and a country that has been devastated by a terrible earthquake and a cholera epidemic. They worked with their teen youth by having them introduce the mission project to the church. They were also helped by their on site summer camp affiliate, "Destined for Success."

Also, they held their Women's Day Celebration on August 28th at 11:00am. Their theme was "Women Inspired by God, Walking by Faith to Reveal Our Destiny." They were pleased to have all generations represented in their program, from youth up through seniors. Valerie Willis, their President, reports that they were honored and blessed to have ADOX District Superintendent, Rev. Sharma Lewis, deliver a powerful message on Faith, and they felt doubly blessed to have other sisters from the district churches come to support them, and share fellowship.

The women of **Henry M. White** held a prayer breakfast on July 23<sup>rd</sup> which was well attended by members of the church and visiting churches. The speaker was Dr. Ollie Manley, wife of Pastor Robert Manley. Her inspiring message was climaxed with an interpretative dance to the music "Guide My Feet". Sister Lola Parks, Hoosier Memorial UMC, was guest pianist. The congregation was actively involved through personal prayers and testimonies. Those attending were truly inspired and blessed at this prayer service. Also, church members were deeply honored to have ADOX District Superintendent, Rev. Sharma Lewis, as Guest Preacher on Sunday, July 24<sup>th</sup> and thank God for the spirit filled message. Ms. Jore Chumbley left the church in awe as she worshipped God in Dance. **CONGRATULATIONS** were in order for Mrs. Pamela Shepherd, Henry M. White's 2011 "Woman of the Year."

### Can You Help?

Ashley Smith Robinson, author of "Unlikely Angel: the Untold Story of the Atlanta Hostage Hero," will be the keynote speaker at a brunch to benefit **Breakthru House** on October 1, 2011 at 10am at Northside UMC.

Tickets are \$40 per person, or \$320 for a table of eight. For more information go to <http://breakthru.actionministries.net/current-events.html>.

The 29th Annual **Wesley Walk for Others** will be held on Saturday, October 22, 2011. This annual fundraiser for Wesley Community Centers helps to support the ministry programs of Bethlehem Senior Center and Project Extend. This is a wonderful opportunity to help raise funds to provide services to low-income senior citizens in south Atlanta and surrounding communities. See <http://www.wesleycenters.org/wesleywalkforothers.html> for more information.

Please send news about your local UMW unit for the Winter issue of the Hi-Flyer to Marie Nitschke at [marienitschke@comcast.net](mailto:marienitschke@comcast.net) or 152 Willow Lane, Decatur, GA 30030 by **December 15th**.

***Atlanta -Decatur -Oxford District  
United Methodist Women  
District Fall Retreat***

*‘Guide our feet into the path of peace’*  
**Glen Haven United Methodist Church  
 4862 Glenwood Road  
 Decatur, GA 30035  
 September 17, 2011  
 8:30 am until 1:00 pm**

**Please Print**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Church \_\_\_\_\_

Cost \$8.00 includes Registration and Meal  
 Registration Deadline September 9, 2011

**Lunch (Select one)**

Turkey	Club	Ham	Vegetarian

**WORKSHOPS**

sign up for two workshops (1 per hour)  
 9:40 -10:40                      10:45- 11:45

- 1. Spiritual Growth**
- 2. Coupon Savings**
- 3. Healthy Eating**
- 4. Social Action**


Mail registration form with check made out to ADOX UMW  
**Mrs. Kim McCray                      Carnita907@aol.com**  
**225 Shiver Blvd.**  
**Covington, Ga. 30016**