



Wespath

BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

Center for Health

HEALTHFLEX BENEFITS

2017 HealthFlex Plan Changes

Updates to Your HealthFlex Benefits— Starting January 1, 2017

- **New MDLIVE* telemedicine services**—Talk with a consulting physician 24/7, either through videoconferencing or by phone, when you can't get to your own provider but need a professional medical opinion and treatment or prescription quickly. Great for non-emergent acute conditions like cold/flu, skin concerns, sore throats and more.
- **Obtain maintenance medications through Walgreens or Home Delivery.** For your convenience, you may fill 90-day maintenance prescriptions at a local Walgreens pharmacy or through the OptumRx Home Delivery (mail-order) service. Participant cost share and cost to HealthFlex will be the same under either option.
- **Behavioral health benefits changes.** Behavioral health benefits will have the same in-network and out-of-network co-payments and/or deductible and co-insurance as your medical plan benefits. However, behavioral health *outpatient office visits* with an out-of-network provider will be covered at *in-network* levels up to a "reasonable and customary" amount. (See *benefits booklets for details.*)
- **OptumRx Formulary Changes—Some Medications Not Covered.** Certain medications with no clear clinical advantage *will no longer be covered* if a comparable alternative is available, as part of the HealthFlex and OptumRx commitment to keeping costs lower. OptumRx will contact impacted participants directly beginning in November about medications no longer covered.
- **Nurseline* through your medical carrier.** When you aren't sure if you need to contact a physician, you can call the nurseline number on your 2017 medical ID card 24/7 with questions about symptoms, an injury or general health questions.
- **Virgin Pulse rewards changes.** Watch for upcoming communications on Virgin Pulse's streamlined approach to earning incentives in 2017.

**MDLIVE telemedicine and nurseline services do not replace the expertise of your personal physician or other primary care provider (PCP). Consult your PCP for more comprehensive diagnostics and guidance.*