North Georgia Annual Conference
Older Adult Event

Thursday, March 12, 2015
9:00 a.m.—3:00 p.m.

Transitions In
Mind, Body and Spirit

“There is a time for everything,
and a season for every activity under the
heavens.” Ecclesiastes 3:1

Registration Fee: $40
Includes breakfast and luncheon
in Fellowship Hall and afternoon snack
Deadline: Thursday, March 5

Directions from Interstate 285
Take Exit 29, Ashford-Dunwoody Road.
Turn north onto Ashford-Dunwoody Road
(passing Perimeter Mall on your left.) Bear
right at the water tower where Ashford-
Dunwoody Road joins Mount Vernon Road.
Dunwoody UMC is on the left.

Keynote Speaker
Rev. Dr. Jamie Jenkins

Transitions In
Mind, Body and Spirit

Thursday, March 12, 2015
9:00 a.m. - 3:00 p.m.

Dunwoody United Methodist Church
1548 Mt. Vernon Road
Dunwoody, Georgia 30338
770-394-0675

Registration due by
Thursday March 5, 2015

SPONSORED BY THE
North Georgia Older Adult Discipleship Ministry Team

North Georgia Older Adult Website:
www.ngumc.org/olderadults
Find us on Facebook: North Georgia Conference UMC Older Adult Ministry
North Georgia Annual Older Adult Ministry Event  
Dunwoody United Methodist Church

9:00  Registration Desk Open  
Breakfast in Fellowship Hall  
Meet and Greet  
Visit Exhibits and Displays

9:25  Sing-A-Long: Jenell Bryan, Canton First UMC - pianist; Betty Ringley, Dunwoody UMC, song leader

9:35  Welcome, Recognitions:  
Ministry Event Team; Workshop Leaders; Exhibitors; Attendees/church  
A. Louise Adams, NGOA Team Chair  
**Greeting & Devotion:** Rev. Dan Brown, Senior Pastor, Dunwoody UMC  
Rev. Dr. Will Randolph, UMC Center for Aging and Older Adult Ministries

10:20  Transitions In Mind, Body & Spirit  
Rev. Dr. Jamie Jenkins

11:00  AM Workshops - Rooms Posted  
#### #1 Brain Wellness  
Natalie DiSantis, Emory University

#### #2 The Seven Pillars of Health  
Dr. Reneathia P. Baker, Pediatrician, Kaiser Permanente

#### #3 Legal Issues and Documents  
Rev. Joy Melton, J.D., Attorney at Law, Partner, Hindson and Melton

#### #4 Seniorcizers—Low-Impact Exercise  
Jean Kennedy, Certified Instructor, AFAA

12:00  Lunch in Fellowship Hall  
Fellowship Time & Displays

12:45  Special Entertainment  
**The Hilltop Strummers String Band**  
Canton First UMC

1:15  Introduction of afternoon workshop leaders—A special offering will be taken for Imagine No Malaria

1:25  Afternoon Workshops – Rooms posted
  
#### #5 Aging In Place: Adapting Your Home  
Amy Henschel, Senior Provisions

#### #6 Personal Safety Issues - Representative, Dunwoody Police Department

#### #7 Line Dancing: Enjoying Movement Through Dance - Lydia Floyd, PhD, Line Dance Instructor

#### #8 Let’s Eat! - Nutrition for Better Health  
Liza Benton, Wellness Coordinator, Senior Connections

2:30  The Gathering - Rev. Dr. Will Randolph, Executive Director  
UMC Center on Aging and Older Adult Ministries, Nashville, TN, GBOD

**Sending Forth (Prayer)**

**Interactive Displays - Fellowship Hall**  
**Programming Ideas for Older Adults**  
Shirley St George, Simpsonwood UMC  
**LIFE - Older Adult Leadership Team**  
**Resources / Information availability**  
Mary Lou Vergara - Atlanta Regional Commission - Area Agency on Aging

**Other Displays:**  
Wesley Woods  
Georgia United Methodist Foundation  
United Methodist Connectional Credit Union  
Senior Connections

---

**Rev. Dr. Jamie Jenkins**

Jamie is originally from Mobile, Alabama and has been married to Lena Loper Jenkins for 46 years. They have three children and two grandchildren (he’s happy to share pictures). Jamie graduated from Bryan College, received his Masters of Divinity from Candler, and earned his doctorate from McCormick Theological Seminary. He retired in 2013 after 41 years in the ministry, serving the Roopville Circuit, Comer, Bright Star, and Aldersgate then became District Superintendent of the Atlanta–Marietta District followed by a move to the Office of Ministerial Services, Executive Assistant to the Bishop, and Director of Church Development. Jamie now serves part-time at Peachtree Road UMC for visitation. A mission that is near and dear to his heart is Imagine No Malaria for which he is the Field Coordinator. An special offering will be taken for Imagine No Malaria, a major mission of the North Georgia Conference.

**Welcome to all adults 55 and up —clergy and laity!**  
Those dealing with family member needs as well as professionals!

**NG Older Adult Event Planners**  
- A. Louise Adams, OA Ministries Team Chair  
  **770-446-2411 - louisechuck@comcast.net**  
- Rev. Exa Grubb, Team Vice Chair, Dunwoody UMC  
- Bobbie West, Team Secretary, Cascade UMC  
- Jenell Bryan, Director of Senior Adult Ministries, Canton First UMC  
- Mary Lawder, Atlanta-Roswell District Faith Community Nurse  
- Rev. Julie Wright Peachtree Road UMC  
- Shirley St. George, Simpsonwood UMC  
- Rev. Susan Pendleton, Peachtree Road UMC  
- Rev. Elizabeth Ackerman, Marvin UMC  
- Rev. Susan Pinson, Glenn Memorial UMC  
- Lee Wright, Event Registrar, Simpsonwood UMC  
  fanofnoles@comcast.net, 770.441.0330